

# Worldwork Greece, 2017

## Social awareness group

Care agencies and disability service providers as worldwork hubs

In care and support relationships, “them and us” is “all of us” as a society. With a deep democracy attitude and approach, transformations in human service and care agencies belong to a larger worldwork. People with complex needs who depend on regular support in daily life have often endured and survived great adversity. We can learn a lot from and with them about power, rank, being human and creating community on-the-spot. Certain innate powers and metaskills are effective in these environments. These innate powers and metaskills bring out the inner directions of people reliant on support, their supporters and the organisational leaders. They also nurture the organisation’s capacity to enable self-powered lives. These inner powers allow for greater diversity and relatedness in the entire system. There will be a short presentation followed by discussion, based on the interests of participants. With gratitude to Amy and Arny Mindell for Process Work, and my teachers Ellen and Max Schupbach, Ruth Weyermann and Josef Hebling from the Deep Democracy Institute.

Julia Wolfson PhD,  
PW Dipl. (Oct. 2017)

Inner powers – concepts and stories in:

Applying Deep Democracy in Human Services: Diversity, Inclusion and Innate Powers – published 2017 by Eldership Academy Press

### Spiritual zone

Connection to a shared common ground, detachment – phase 4

- Access to your *inner direction* in following the course that is right for you.  
(Chapter 6)
- Having a *loving curiosity* towards people and events. (Chapter 9)
- *Surviving adversity with inner strength* and gaining important lessons to teach about being human and creating community. (Chapter 7)
- *Numinous experience* as a source of inner replenishment and fresh insight.  
(Chapter 8)

- The power of *self-affirming beliefs* to survive outer and inner critics, and educate them. (Chapter 10)

Psychological zone: Centredness – find your ground, role switch, the complication inside is also outside and visa versa

- *Self-attunement* to stay related to yourself and others, even in stressful situations, and to use your body's wisdom as a guide. (Chapter 5)
- *Facing injustices of the past* to perceive and transform the ghosts of history at personal, leadership, and systemic levels. (Chapter 4)
- *Making conflict fruitful* by knowing yourself in your style of combat, by understanding the phase of a conflict you are in, and by embracing the contradictions in the whole. (Chapter 11)
- *Facilitating collaboration* in your inner team, your real-life team, and in groups to make your tendencies and tensions more visible and related for more sustaining, inspired outcomes and experience of community. (Chapter 12)