

DAILY

MORNING ACTIVITIES (8:15 – 9:15 am)

-peripheral optional activities-

SOMATIC PROCESSWORK PRACTICE - *Kate Jobe*

The moving body is full of knowing and wisdom. We, as a society and a world, need each individual's unique wisdom. Movement and somatic experience offers you the opportunity to drop your everyday way of identifying who you are and connect with your deepest self and your inner wisdom. Finding your connection with what moves you and guides you on your path allows more choices in the world, in your relationships and to your everyday life. After a brief, gentle warmup to get us moving and "arrive" in the room you will be guided in exploring a theme that comes up for you in the moment, or that has stayed with you from previous day. We will use different movement modalities to explore and connect with your unique guidance.

People who have experienced this kind of exploration have found it deep, fun, enlightening, life-changing, relaxing.

ROOM - NIMELLI I+II+III +IV

MORNINGS YOGA FLOW - *Diane Wong*

A variety of flowing morning stretches with breath to fill every cell in the body with life force; create internal space and bring awareness inside the body. One legged balancing poses (holding the wall encouraged) to bring flesh and bones into balance, calmness to our nervous system and alignment of our body's center of gravity with the earth's gravitational field. Every morning we engage a self-paced series of spinal flexes to help maintain mobility in the body, and hip and shoulder openers to increase circulation, improve flexibility and overall suppleness, lessen sciatic pain and diminish lower back pain and stiffness.

ROOM - EPIDAURUS - AKS HOTEL

INDIVIDUAL SESSIONS

Personal work is a large part of worldwork studies; therefore two half-hour sessions have been scheduled for each participant. These are optional and are meant to give participants an opportunity to reflect and work on personal issues and reactions that emerge during the worldwork seminar.

AFTER LUNCH ACTIVITIES (2:00 – 3:15 pm)

-peripheral optional activities-

SOCIAL AWARENESS GROUPS

Check the daily program of social awareness groups

PARTICIPANTS' TRAINING - *Lane Arye*

In this training we will deepen our understanding of worldwork as a methodology. We will do this by debriefing the morning group process in greater detail, discussing the theory presented, and talking about questions that participants have.

ROOM - EPIDAURUS - AKS HOTEL

PROCESSWORK STUDENTS' TRAINING - *Emetchi*

This is a space to deepen understanding and develop skills that help us participate in group process as a Participant Facilitator. There will be some debrief of the morning group process, discussion of questions and supervision on being a Participant Facilitator.

Any enrolled PW student, present or past, most welcome.

ROOM - TV ROOM AKS HOTEL

STAFF SUPERVISION - *Joe Goodbread & Reini Hauser*

Worldwork is a training seminar and supervision is provided daily for the facilitators and the assistants.

INDIVIDUAL SESSIONS

(same as above)

SMALL GROUPS (3:30 – 4:45 pm)

Small groups will meet daily to process group issues and practice specific training exercises. They offer an opportunity for each participant to exchange and learn in a more intimate environment.

EVENING ACTIVITIES (8:30 - 10:00 pm)

-peripheral optional activities-

Films, presentations, workshops, Check the daily program of Evening Activities

CLOSING OF THE DAY (10:00 - 10:30 pm)

-peripheral optional activities-

GUIDED YOGA NIDRA MEDITATION - *Diane Wong*

You Don't Have to Do Yoga or Meditate to Do Yoga Nidra.

Intense vinyasa flows and long asana holds are not for everyone. Yoga Nidra, however, is a practice for everyone, from children to seniors. Yoga nidra is an accessible meditation practice that focuses on cultivating multiple levels of well-being. All that is needed is for your body to lie down on the floor. And even if you can't lie down on the floor, you can still do this practice seated.

As you lie down, supported in savasana (lying comfortably, flat on the floor) you simply follow the voice that is guiding you. It's likely that you will remember certain parts of the meditation and not others. Falling asleep is okay too, as you will still receive benefits while the unconscious mind is absorbing the practice. Yoga Nidra allows you to reach the most profound level of relaxation possible. Yoga Nidra asks you to simply let go: To surrender. When the body is fully relaxed, it begins to heal itself.

So, wear comfortable, warm clothing, bring a blanket or two and join us for 30 minutes of Yoga Nidra.

ROOM - EPIDAURUS - AKS HOTEL

DAY 4

Wednesday April 26

Day Umbrella Topic:

Climate Change? What does it have to do with anything?

Large Group Facilitation Team:

Rhea, Ingrid Rose, Lena Aslanidou, Susan Hatch

Theory: **Outer & inner oppression, marginalization, revenge, burning wood**

Group Process: **Focus on Climate Change**

SOCIAL AWARENESS GROUPS (2:00 - 3:15 pm)

Are we frozen in an overheating world? Turning it around through connection! - *Irina Feygina, Gill Emslie, Conchi Pinero, Penny Watson*

In this social awareness session, we will create a space for deepening understanding of our reactions to climate change, and to the societal freezing and polarizing that is taking place as the planet heats up. We will share some information about what is happening with the planet and society to clarify the topic, and then open to what emerges. The session is an opportunity to share points of view and feelings, and to hold space for unfolding our individual and collective experiences. We will then explore our relationship and connection to each other in the context of this pressing topic and dire times, and how we can heat up and turn things around!

"If we surrendered to earth's intelligence we could rise up rooted, like trees" - Rainer Maria Rilke, Book of Hours: Love Poems to God

ROOM - BALLROOM

"We said No!" - the Dreaming processes linking sexual

violence and violence against the earth - *Judith Ward*

I am passionately involved in the UK movement which aims to prevent the use of fracking (hydraulic fracturing) to extract shale gas. Here and worldwide, the movement includes many people who are acting because our

national government have changed laws and over-ridden local planning processes to allow fracking against the explicit "no" of a majority of people. I will share my personal exploration of the parallels between having my "no" about my personal body boundaries breached, the wider field of sexual violence and breaking of consent and this environmental issue. I invite contribution from others who are curious about or feel strongly the link between person body and Earth body.

ROOM - NIMELLI I+II

Swimming with and against the stream - *Joanna Boj, Barbara Leuner, Liz Scarfe*

Join us for an exploration of 'mainstreaming': the ways cultures - be it at the family, community/tribe, or state level - pressure us to conform to particular ways of being and doing. Uncover the ways you go with the flow or push against the tide, the costs and benefits of both, and how it's all related to the "big" diversity issues like racism, gender, sexuality etc.

ROOM - NIMELLI III+IV

Motherhood and issues around rank dynamics and their connection to world issues/policies - *Brigit Trimajova*

We will explore the relationship between identity, individuality and being a mother, and the fluctuating minefield of various rank and privileges of mothers in society. This includes looking at the gap between the social rank and the missing actual influential power in political, economic and health care decision making systems. We will also discuss some skills and metaskills for those supporting and working with mothers in therapeutic settings

ROOM - HERA - MEZZANINE

What is White Privilege: Its impact on ourselves,others and the world? - *Lane Arye, Jan Dworkin, Cathy Bernatt, Errol Amerasekera*

This social awareness group is open to people who would like to meet with the intention of creating a non-judgmental, supportive and curious space to deepen our understanding of white privilege. Our time together will include theory and education, a facilitated discussion, and a personal reflection exercise. During the discussion, participants will be encouraged to share their personal experiences of white privilege, whilst also being mindful of the impact these words and stories may have on others present within the group. Our hope is that together we can grow and gain awareness as we explore the inevitable messiness and pain surrounding this important topic

ROOM - UPPER LOUNGE - MEZZANINE

EVENING ACTIVITIES (8:30 - 10:00 pm)

This Changes Everything (Screening)

Documentary directed by Avi Lewis inspired by Naomi Klein's book. Introduction from AnnVassiliou on mining in North Greece.

Filmed over 211 shoot days in nine countries and five continents over four years, "This Changes Everything" is an epic attempt to re-imagine the vast challenge of climate change. The film presents seven powerful portraits of communities on the front lines, from Montana's Powder River Basin to the Alberta Tar Sands, from the coast of South India to Beijing and beyond. Interwoven with these stories of struggle is Klein's narration, connecting the carbon in the air with the economic system that put it there. Throughout the film, Klein builds to her most controversial and exciting idea: that we can seize the existential crisis of climate change to transform our failed economic system into something radically better.

ROOM - BALLROOM

Footprints of the history: processing collective history of the civil war in Spain. (Presentation) - *Boris Sopko*

A project implemented by Bors Sopko and Neus Andreu Monsech, was focused on processing collective history within format of the training seminar which was followed

by 3 open forums. Presentation will be reflection of facilitators on the whole journey through this project and on transformative potential of the format of the open forums on the individuals, relationships, families and communities.

ROOM - NIMELLI I+II

Worldwork in the Theater (Presentation) - *Elena Margo*

This is a presentation for those who want to learn about the birth and evolution of Worldwork in theater in the last 10 years. How does Worldwork relate to theater? How did it become possible to introduce Worldwork in the theater? Is it really Worldwork? I will illustrate my talk with projects I participated in for last 10 years: Democracy.doc, Fear, Ah Me!, Big City and others.

ROOM - NIMELLI III +IV

Using Coaching to Develop Conscious Leadership and Sustainable Organisational Change (Presentation)

By Rho Sandberg & Vicki Henricks

Coaching is a growing industry as more organisations use executive coaching as a strategy to support and sustain change. Please join us in exploring the application of process work in leadership and organisational development.

We will explore:

- the differences between coaching and therapy
- why Process Work is so compatible with the coaching model
- how delivering coaching programs in organisations can lead to social change

ROOM - HERA - MEZZANINE

CREATIVE EXPRESSION

Worldwork Greece Art - Creative Processing - *Kara Wilde & Suzette Payne*

Join us for easy art making for self expression in a co-creative community. This is a group for exploring yourself through making art using expressive drawing with others in a fun, meditative and relaxing space.

Using the Open Studio Projects method that believes a person's creative process will guide them. We follow the process of writing an intention, making art, witnessing by writing about your art and reading your writing if you wish. No art experience necessary.

ROOM - UPPER LOUNGE - MEZZANINE

DAY 5

Thursday April 27

Day Umbrella Topic:

War & Trauma

Large Group Facilitation Team:

Arlene Audergon, Jean Claude Audergon,

Alexandra Vassiliou, Bill Say

Theory: **Conflict as agent of change - escalation, deescalation, conflict awareness procedure**
Group Process: **Sorting**

SOCIAL AWARENESS GROUPS (2:00 - 3:15 pm)

The Devastating lasting effects of war and finding an alternative - *Gary Reiss & Yesim Özben*

Wars are currently going on throughout the world destroying people, cities, ancient artifacts, and the environment. The suffering doesn't end when war is over. Large percentages of the population suffer from post traumatic stress that can be passed on for generations, and every soldier directly involved experiences the effects that may last a lifetime. We need ways to not only effectively treat those impacted by war, but to find real alternatives that can rival wars power and attraction. We need to work on our collective addiction to war

ROOM – BALLROOM

Power and Exploitation: A look at oligarchies that rule the world - *Ingrid Rose*

In many places of the world huge areas of land have been offered up for exploitation in the name of profit, progress and technological advancement. The wellbeing of human lives and the natural environment is overlooked and sacrificed in the rush for more money, influence, and power. In the maximization of earnings and the drive toward fulfillment of unending greed, oligarchies are created and take over when governments "sell out" their people and an established way of life.

Come and share ideas, insights and suggestions of how to process and take action in this challenging field.

ROOM - NIMELLI I+II

The enemy within us - exploring and transforming trauma and inner oppression through relationship - *Kirsten Wassermann & Michal Wertheimer Shimoni*

War and trauma leave deep scars within us, which influence our life-path, relationships and bodies. Even if we 2nd. and 3rd. generation to the trauma, the history is present in us and affects us. Through relationship we can also be supported to explore the oppression within us coming from trauma and trans-generational memories. We would like to offer an opportunity to explore that.

ROOM - NIMELLI III+IV

Domestic violence- Hurt in intimate relationships - *Bogna Szymkiewicz*

The main purpose of this meeting is to understand the complexity of the inner experience of people (most often, women) who experience domestic violence. We will discuss typical patterns of hurtful interactions and the difference between „everyday hurt” and abusive behavior. Then, we will focus of the consequences of such patterns for the self-image and narrative of those who are trapped in abusive relationships

ROOM - HERA - MEZZANINE

CREATIVE EXPRESSION

The Worldwork Experience in Movement, Sound and Story - *Inma Pascual & Kate Job*

Group process can be stimulating and create new perspective in our complex world. They can also disturb you and bring up personal stories and feelings. This movement, sound, and story workshop will use creative expression as a way to explore experiences related to the work you are doing at worldwork. For those who wish, there will be an opportunity to perform your work. Please wear comfortable cloths. Instructors: Inma Pascual, facilitator of groups and social Theatre educator and Kate Jobe, dancer and founder of Transformation Through Performance.

ROOM - UPPER LOUNGE - MEZZANINE

EVENING ACTIVITIES (8:30 - 10:00 pm)

* **Celebration** * (if one emerges in co-creation of the participants and the Worldwork Staff Creativity Team)

DAY 6

Friday April 28

Day Umbrella Topic:

Shifts in Consciousness

Large Group Facilitation Team:

Dawn Menken, Lily Vassiliou, Gill Emslie, Errol

Amerasekera

Theory: **Leadership & Eldership - how the**

individual can affect social change

Group Process: **Sorting**

CLOSING

APRIL 23-28, 2017
PORTO HELL, GREECE

DEEP DEMOCRACY IN A WORLD OF DIVIDES
Shifting Consciousness
in Politics, Economics, Ecology
and Relationships



*DAILY PROGRAM

8:15 - 9:15	MORNING ACTIVITIES
9:30 - 10:25	LARGE GROUP MEETING - theory BALLROOM
10:25 - 10:45	COFFEE BREAK (Day 1_11:00 - 11:15)
10:45 - 12:15	LARGE GROUP MEETING - group process (Day 1_11:15 - 12:15)
12:15 - 12:30	LARGE GROUP MEETING - debrief
12:30 - 2:00	LUNCH
2:00 - 3:15	AFTER LUNCH ACTIVITIES
3:30 - 4:45	SMALL GROUPS
4:45 - 5:15	COFFEE BREAK
5:15 - 7:00	LARGE GROUP MEETING - work with individuals, sub-groups, small group supervision, inner work
7:00 - 8:30	DINNER **Let's eat together_Day 1+5
8:30 - 10:00	EVENING ACTIVITIES
10:00 - 10:30	CLOSING OF THE DAY ***

* Each day is organized under an **umbrella topic**. The umbrella topics aim to serve the role of bringing awareness to central world issues. They are meant as suggestions but not as limitations for the group and the team of the day. Some of the social awareness groups of the day address various angles of the umbrella topics. The Facilitation Team of the day will not necessarily focus directly on the umbrella topic in their theory presentations and in the large group process that day.

** Buy your meal vouchers from AKS Hotel

*** The activities in a blue background are peripheral optional activities.

DAY 1

Sunday April 23

Day Umbrella Topic:

Political & Economic Crisis with focus on Greece

Large Group Facilitation Team:

Amy Mindell, Arny Mindell

Theory: **WorldWork Basics, Deep Democracy Theory + Practice. Phases of conflict, ProcessMind, innerwork & outerwork**
Group Process: **Focus on Greece and the Political and Economic crisis**

SOCIAL AWARENESS GROUPS (2:00 - 3:15 pm)

Economic inequalities and their impact on our life and our relationships - *Sofia Ilia, Hellene Gronda, Louise Warner*

In this social awareness group we will explore the impact of financial crisis affecting Greece and so many other countries. The crisis impacts our lived experience and relationships. It raises moral questions about the meaning of debts, about economic inequalities and how they make us feel, about our embodied experience of safety, privacy, security and freedom. How does our view on finances affect our understanding of our place in the world as human beings, both in the world scene, and in our local communities?
ROOM - BALLROOM

The rise of neo-nazi ideology and radicalization that leads to violent extremism in Europe - *Alexandra Vassiliou, Nancy Papathanasiou, Sylvia Ondrisova*
In the last years we have seen an alarming rise in the power of neo-nazi ideology and radicalization that leads to violent extremism in Europe, as well as fears that fascism ideology is being mainstreamed. Extreme right winged political parties are on the rise, even though most voters of these parties would not necessarily identify as "neo-nazis" or "fascists". In this social awareness group we will explore the challenges that this creates, as well as the dynamics that support this phenomenon - how the fears and anxieties of people are being abducted by neo-nazi ideologies or violent extremist groups and used for their own agenda (which is more often than not, far from the needs of the citizens voting for them). We will also look at possibilities of how to explore internal struggle/emotions/reactions to this issue in order to find the way to facilitate this inside ourselves and in our communities.
ROOM - NIMELLI I +II

Mental Health & Society: Managing crisis-continuity of care for recovery and developing resilience - *Kasha Kavanagh, Anne Murphy, Waynell Wilder, Evi Foka*
Advocating for Alternative Methods—using historical precedents, Process Work tools, Community Grass-Roots support & compassionate care in Emergency rooms, hospitals, and in the Community for those experiencing Extreme States. Our emphasis will underscore the need for community as a Primary Advocacy system.
ROOM - NIMELLI III+IV

Care agencies and disability services as worldwork hubs - *Julia Wolfson & Elsa Henderson*
In care and support relationships, “them and us” is “all of us” as a society. With a deep democracy attitude and approach, transformations in human service and care agencies belong to a larger worldwork. People with complex needs who depend on regular support in daily life have often endured and survived great adversity. We can learn a lot from and with them about power, rank, being human and creating community on-the-spot. In this awareness group, we will suggest certain innate powers and metaskills that we have found to be effective in these environments. These innate powers and metaskills facilitate the inner directions of the people, set the tone for the organisation’s capacity to enable self-powered lives, bring out the diversity and facilitate relatedness among people using the service, their caregivers and supporters, leaders and managers. We will

give a short presentation followed by discussion, depending on the interests of participants.
ROOM - HERA - MEZZANINE

It Takes A Village: Perspectives Working with Youth - Dawn Menken

Raising, supporting and interacting with our youth is worldwork. I will share perspectives from my experiences in private practice, as a parent and community activist, in addition to my work in schools, and my Teens Rise Up leadership program.
ROOM - UPPER LOUNGE - MEZZANINE

EVENING ACTIVITIES (8:30 - 10:00 pm)

The Divide: What Happens when the Rich get Richer? (Screening) - *Directed by Katharine Round. Introduction from Pierre Morin on health inequities.*
The Divide tells the story of 7 individuals striving for a better life in the modern day US and UK - where the top 0.1% owns as much wealth as the bottom 90%. By plotting these tales together, we uncover how virtually every aspect of our lives is controlled by one factor: the size of the gap between rich and poor. This isn’t based on real life. This is real life. By weaving these stories with news archive from 1979 to the present day, The Divide creates a lyrical, psychological and tragi-comic picture of how economic division creates social division.
ROOM - BALLROOM

South Africa:Deepening Democracy through the Open Forum (Presentation) - *Zed Xaba & Mpumi Tshabalala*
Reflections on lobbying, organising and facilitating open forums at the University of Cape Town and the learnings from this transformational process.
ROOM - NIMELLI I+ II

Celebration of Activism: A Dreaming Process and a Recreated Life (Slide show) - *Rhea*
This slideshow and presentation traces my activism in the US through the Women’s Liberation Movement of the 70’s and 80’s. I created this presentation to celebrate my 70th birthday and share this piece of radical history that is being lost as my generation ages and begins to die. I also put the story in the context of Process Work and my own life myth, because activism really saved my life. It set me on the path of personal liberation and connected me to an amazing generation of women all becoming our natural selves.
ROOM - NIMELLI III + IV

“Stepping on the Myth” (“La petjada del Mite”) **(Workshop/presentation)** - *Sergi Barrientos & Amat Molero*
What is the impact we have as men in the world? "La Petjada del Mite" is an annual program for men on awareness, personal and social transformation, where Feminism and Process Work perspectives cross. This workshop/presentation will focus on the impact that we have as men. We will be working with the stereotypes and archetype in an individual and collective journey to bring awareness, take responsibility and generate transformation. Collectively as men we will explore this impact inside us, in relationships and in the world. Important: This activity is open only for people socialized as men or identify themselves as men.
ROOM - HERA - MEZZANINE

Mindfulness and Self-compassion (Workshop) - *Andrej Jelenik*
In this practical workshop we will explore mindfulness and compassion as a current trend in western psychology and health care offering skill and attitudes allowing a wiser approach to own experiences. There will be an introduction to both concepts, practical short exercises useful during worldwork for own self-care and comparison with processwork approach.
ROOM - HYDRA

DAY 2

Monday April 24

Day Umbrella Topic:

Displaced People: Refugee & Migrant Crisis

Large Group Facilitation Team:

Jan Dworkin, Aya Fujisaki, Aleksandr Peikrishvili, Nancy Papathanasiou

Theory: **Steps of group process, interactions between roles & emergence of ghost roles**
Group Process: **Sorting**

SOCIAL AWARENESS GROUPS (2:00 - 3:15 pm)

The newcomers: richness, difficulties and challenges - *Lauretta Macauley, Nadir Bigkana Noori, Vassiliki Katrivanou, Vicky Megariti*
In 2015 Greece has been the main entrance point in Europe for about 1million refugees, while a big solidarity movement from Greek people was developed. Today around 50.000 people have been trapped in Greece, since they can’t reach central and nothern Europe as they wish. As time passes, Europe becomes more xenophobic, while newcomers need to be protected and integrated. During this talk we'll share experiences, stories and explore the situation of the immigrants and refugees today in Greece but also in Europe.
ROOM - BALLROOM

Collective trauma, accountability and preventing violent conflict - *Arlene & Jean Claude Audergon*
How do we live together after violent conflict? We'll look at how ‘worldwork’ methods are used for facilitating community forums in post-conflict zones, for community recovery and violence prevention. We are proposing that this kind of interaction should be a central strategy in ‘transitional justice’ along with tribunals and truth commissions. We'll talk about our current work among communities of perpetrators and survivors in Rwanda and the Great Lakes, as well as our work in South Africa, and our post-war work over many years in the Balkans. We'll focus on key issues in processing dynamics of collective trauma and issues of accountability, as well as how to support the needed dialogue and cooperation among citizens, grassroots NGOs, local government and international organizations involved with recovery and prevention.
ROOM - NIMELLI I + II

The reconstruction of the perception of immigrants in Greece - *Sebene Eshete, Nikos-Deji Odubitan, Lily Vassiliou*

People who migrate in Greece or even are born and / or raised in Greece from immigrant parents are not considered as equal citizens .

Until recently, these people didn't have the option of an efficient legislation in order to become Greek citizens, and were therefore denied equal participation in the society they live and work in. In this time together we will talk about the different issues that immigrants face in Greece today and how this affects the perception of them in the Greek society .
ROOM - NIMELLI III + IV

Sickness in Health: The prevalence of health disparities and its impact on refugee health - *Pierre Morin*
Social marginalization and low rank leads to life challenges and struggles which leads to ill-health. The unequal distribution of social life conditions creates health disparities and the cumulative impact of our inequitable social contracts kills people. Looking at the health challenges of newly arrived refugees in Portland, Oregon, we will discuss concrete steps to lead change in the important diversity and health equity issues.
ROOM - MEZZANINE

CREATIVE EXPRESSION
The Worldwork Experience in Movement, Sound and Story - *Inma Pascual & Kate Job*
Group process can be stimulating and create new

perspective in our complex world. They can also disturb you and bring up personal stories and feelings. This movement, sound, and story workshop will use creative expression as a way to explore experiences related to the work you are doing at worldwork. For those who wish, there will be an opportunity to perform your work. Please wear comfortable cloths. Instructors: Inma Pascual, facilitator of groups and social Theatre educator and Kate Jobe, dancer and founder of Transformation Through Performance.
ROOM - MEZZANINE

EVENING ACTIVITIES (8:30 - 10:00 pm)

2 WINGS TO FLY: A Processwork approach to Trauma (Presentation) - *Emetchi*
This presentation includes a short video introducing the basic frame of a larger work-in-progress, “ 2 Wings To Fly ”; with time for questions and discussion. Contents range from definitions to overview of phases of process regarding trauma, to touching on philosophical tenets of this emerging Deep Democracy approach to Trauma.
ROOM - BALLROOM

Social Presencing Theater. Awareness Practices in the Social Field (Presentation + Activity) - *Carol Zahner & Annie Blaire*
Social Presencing Theater is based on the concept that cultivating non-verbal ways of knowing can bring surprising and fresh insights to stuck places in group dynamics. Its methods heighten sensitivity to current experience, bring attention to shifts in the social or contextual field, and are used for prototyping seeds of the future. The emphasis is on connecting with the emerging future through the language of our individual bodies within the context of the collective. The quality of our awareness is fundamental. Resting the mind on the feeling of the body (using the mind to pay attention to the feeling of the body) leads to a coherence between mind and body for an individual. Adding awareness of the space and others develops a sense of the social body. This evening session is a basic introduction to the method using an issue of interest to the group.
ROOM NIMELLI I+II

War: Dreaming Beyond Hopelessness - *Yeşim Özben & SuzettePayne*
We would like to invite you for a discussion on how we experience war, how it manifests and how we work with it at different levels of experience. The discussion accompanies the exhibiton Encounters in the War Zone and hopes to mesh together our experience of the exhibition with the experience of war.
ROOM NIMELLI III+Iv

Stage fright: Fear of Speaking in the Large Group (Workshop) - *Lane Arye*
Speaking in the large group can be scary. But Deep Democracy says that all voices are needed for the wisdom of the group to emerge. Lane has helped many musicians, performers and regular folks to transform their stage fright. Come to this fun workshop to shift your fear, so you can choose when, where, and how to express yourself!
ROOM - HERA - MEZZANINE

CREATIVE EXPRESSION
Worldwork Greece Art - Creative Processing - *Kara Wilde*
Join us for easy art making for self expression in a co-creative community. This is a group for exploring yourself through making art using expressive drawing with others in a fun, meditative and relaxing space. Using the Open Studio Projects method that believes a person's creative process will guide them. We follow the process of writing an intention, making art, witnessing by writing about your art and reading your writing if you wish. No art experience necessary.
ROOM - UPPER LOUNGE - MEZZANINE

DAY 3

Tuesday April 25

Day Umbrella Topic:

Racism, discrimination & the rise of violence

Large Group Facilitation Team:

Gary Reiss, Bogna Szymkiewicz, Vassiliki Katrivanou, Daya

Theory: **Rank & the dynamics of power and how they affect communication**
Group Process: **Sorting**

SOCIAL AWARENESS GROUPS (2:00 - 3:15 pm)

Racism: How do we talk about it? Making a mess together - *Lynn Lobo, Zed Xaba, Rebecca Lang, Eva Karia, Cathy Bernatt*
Racism is an issue for everyone. We welcome all who are drawn to this social awareness group. We know that having a conversation about racism can be scary, messy and painful. In this space we, the team, will share something of our diverse experiences and passion in working with racism. Together we will also create a compassionate space for inner work and sharing our awareness with others. We assume we will all make messes along the way. The field itself is likely constellate in some our desires to 'not get it wrong,' and in others a desire to protect other people from being hurt again. While some of us may want to be heard, recognised and valued. Our hope is we can all learn something together.
ROOM - BALLROOM

Islamophobia Inside Out - *Yeşim Özben, Stephan Müller, Gary Reiss*
Coming from families with a background of the three largest monotheistic religions and having some kinship to Islam, we invite you to join us in exploring your own relationship to these religious traditions and Islamophobia. We take a look at what is happening out in the world today, and share and unfold some of our experiences around Islamophobia.
ROOM - NIMELLI I+II

LGBTI and Intersectionality - *Nancy Papathanasiou, Anup Karia, Alexandr Peikrishvilli & Margarita Kontomichali*
In this social awareness group we plan to discuss and explore how sexual orientation and/or gender intersects with class, ethnicity, religion, (and other identities) and the overlapping discrimination and oppression this intersectionality creates. Different identities a person has cannot be disentangled. The same applies to the varying degrees of oppression which do not act independently but are instead interrelated and continually shaped by one another.
ROOM - NIMELLI III+IV

Age(ing) & Marginality - *Susan Kocen, Freema Elbaz, Gene Hansen, Lety Mendoza, Ingrid Rose*
The Worldwork of Age(ing) is a growing area of focus as our large post-World War II populations come into their older years. The Worldwork of Age(ing) is a growing area of focus as our younger population/s struggle to find employment and place in a world that is 'owned' and run by older generations unwilling to "share the surplus" with the next generations. The Worldwork of Age(ing) is further amplified by diverse experiences of social support, community, technology, economic wealth/poverty and physical well-being. The Worldwork of Age(ing) includes our relationship with, and sometimes fear of, Death. Come and share your experiences, whatever your chronological age, we are all in this together
ROOM - HERA - MEZZANINE

Out of the locker room - *Paola Esperson, Louise Warner, Sergi Peix, Suzette Payne*
How sexism is expressed in our sexuality, power and leadership dynamics, and internalized and externalized oppression. An invitation to explore how these internal and external roles are present in our couple, family,

community and world leadership.

ROOM – UPPER LOUNGE - MEZZANINE

EVENING ACTIVITIES (8:30 - 10:00 pm)

"Go Deep" (Presentation & Activity) - *Pat Black, Andy Smith, Sergi Peix*
A game that uses processwork tools to enhance community building, for young people to learn about themselves while acting for change in the community.
ROOM - BALLROOM

Return of my African Grandmother (Reading) - *Oluwafemi Hughes*
My story piece written in poetic prose is about my Yoruba Grandmother - my wish to tell Her-story. It spans the history from her birth in Lagos, to captivity in Brazil, to returning to Lagos and Colonisation, to the Christian mission and latterly, taken as a wife to a much older man. The piece Signifies how her identity and culture is taken over by these phases. It Speaks of Devastation of slavery, and of joyful returning home and spiritual intervention ... It is 677 words (one and half pages). Grandmother lived and died in Nigeria (I met her only through my father here in England).
ROOM - NIMELLI I +II

MamaSpeak (Screening) - A film of *Dawn Menken's* one-woman theatre piece that celebrates the mystery of birth, the call to parenthood, and the eternal presence of the divine mother in all of her forms. Introduction by Dawn Menken
ROOM - NIMELLI III + IV

Dreambody Work, Symptoms and the World Channel (Workshop) - *Jai Tomlin, Emetchi, Kara Wilde, Pierre Morrin*
Marginalization and other social pressures/oppressions often affect our bodies and create symptoms. We will work with an individual using Dreambody techniques to unfold secondary energies and information, then discuss together how this can inform both personal and social change.
ROOM - HERA - MEZZANINE

The Ancient Art of Self-Love (Workshop) - *Amy Palatnick*
This workshop offers participants self-love practices that over time build formidable inner strength, connecting us on a sacred level to our unique paths and lives. In my personal experience, people tend to be more self-critical than self-loving. If we want to move away from self-criticism, we need a strong foundation of self-love. But how many of us were effectively taught to love ourselves deeply?This workshop will give participants a toolbox and manifesto that will help them to make simple but profound changes, improving their quality of life.
ROOM - HYDRA

SoonGoSee & ComeNowGo (Performance) - *Nóra Hajós & Craig Baker*
A performance rooted in the land of improvisations. SoonGoSee & ComeNowGo are 2 characters visiting earth, exploring the essence of the polarities they find here, in dance and moving words. An evening of dance performance infused with tenderness, humor, and color, and amid explorations rooted in time, space, mind, sensation and motion.
ROOM - EPIDAURUS - AKS HOTEL