



Global Process Work

Illness, the Great Illuminator

April 29 - May 10

*Worldwork and Conflict
Resolution*

June 23 - July 5, 1991

Two 2-Week Intensives with
Arnold Mindell
and the
Process Work Center Staff

Held in Waldport, Oregon



Global Process Work

Process Work Center of Portland
-733 NW Everett
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Illness, The Great Illuminator

Dr. Arnold Mindell, together with the staff of The Process Work Center of Portland, is holding a two-week intensive seminar focusing on chronic symptoms and illness. The seminar will have two specific focuses: 1) symptoms involving breathing, such as asthma, emphysema and bronchitis; and 2) cancer and tumors. This intensive is an opportunity for individuals wishing to do in-depth personal work with their own somatic processes, as well as an opportunity for professional training and orientation in working with somatic processes using the principles and techniques of Process Work.

The intensive will be facilitated by Dr. Arnold Mindell, founder of the Research Society for Process-oriented Psychology in Zurich and of the Process Work Center of Portland in Oregon. He will be accompanied by trained members of the Process Work staff. The pioneering work of Dr. Mindell, bringing together key concepts from Jungian psychology, Taoism and physics, provides a framework for integrating personal development, dreams, body problems, relationships and group life. Process Work liberates illness from the concept of pathology by seeing body problems and symptoms as significant events and messages which contain the seeds for our development and growth.

The seminar will allow for in-depth exploration and personal work by alternating between working in the large group and doing private therapy sessions with staff members. The group will be divided in two, with one group working with breathing symptoms and the other with cancer and tumors. One group will meet in the morning for work in the large group, while the other group has time for private sessions. In the afternoons, the two groups will switch. In the evenings the entire group meets for training, integration and discussion.

Dates: Begins: Monday, April 29, 1991, at 9:30 a.m.
Ends: Friday, May 10 at 6 p.m.
Sat. & Sun., May 4 & 5 are free, unscheduled days.

Location: Bayshore Inn, Waldport, OR

Tuition: \$1000, including 10 individual therapy sessions with trained process workers. \$700 without therapy sessions. Room and board fees are separate. Enrollment will be limited due to space.



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Worldwork and Conflict Resolution

Dr. Arnold Mindell, pioneering developer of Process-oriented Psychology, together with staff members of the Process Work Center of Portland, is offering a two week intensive course for those interested in:

- conflict resolution
- minorities and minority issues
- organizational conflicts
- hate crimes and violence
- dealing with public attack
- leadership
- ethics

This intensive is the first in a series of four intensive courses leading to a certificate in process-oriented worldwork. *Worldwork and Conflict Resolution* is a spiritual warrior's boot camp, in which participants will receive training, supervision and opportunities to apply the principles of process-oriented group work with all types of groups and organizations. Group Process Work presents methods for facilitating groups at every level of interaction: individual, relationship, sub-group and large group. Each participant will have a committee of two trainers and a peer to help guide him or her toward the certificate by developing a program for completing, applying and integrating the material learned in the course in the participant's personal and professional life. The participant will meet with his or her committee at the beginning, middle and end of the course for evaluation and planning for future education. This two week intensive will be followed by another intensive at a later date. The course begins with the fundamentals of worldwork, and each successive program will include more supervision and applications in live situations. The intensive consists of training in large group settings, in sub-groups, in relationships and through private therapy sessions. Facilitating groups is a task which requires tremendous personal development as well as interpersonal skill. The facilitator must be flexible enough to move in and out of different emotional states, detached enough to play a variety of different positions, and be fluid in the practice of inner work. Thus, two hours a day are set aside for private work with trainers, which is included in the price of the intensive.

Dates: Begins: Sunday, June 23, 1991, at 6 p.m. with dinner.
Ends: Friday, July 5, at noon.
Sunday, June 30, is a free, unscheduled day.

Location: Bayshore Inn, Waldport, OR

Tuition: \$750 Room and board fees are separate. Enrollment will be limited due to space.